



Habitudes Week 2 - Courage

Welcome - On Sunday we looked at courage and the speakers shared some of their fears. What's your top 3 things that give you the most fear? (Go for fun and light!)

Word - Read the story of the early church on the day of Pentecost, Acts 2 v. 1-13.

- Try to imagine what it would have been like to have been there.
- If you were a believer there, how would you be feeling now Jesus had gone?
- What might it have been like to experience the coming of the Holy Spirit?

Acts 4 v. 13 says,

“When they saw the courage of Peter and John and realised that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus.”

They saw their courage!

- In what ways have you seen courage in other people?
- What kind of courage inspires you?
- On Sunday we thought about some of the myths around courage. Are there other myths do you think and if so, what are they?
- Courage requires a choice. When have you experienced having to choose courage?
- “The courage to stop, to start and to continue,” when have you experienced these moments?
- How can we build Habitudes of courage in our lives?
- How can we help inspire courage in one another?
- Where do you need courage the most right now?

Finish by praying for one another and inviting the power of the Holy Spirit to bring us courage as He did on that day of Pentecost!